

## FCC Preschool Health & Wellness Policy

- All staff shall monitor a child for signs and symptoms of acute illness; notify a child's parent or other designated person upon observing a sign or symptom of acute illness; and temporary isolation for the affected child will be provided in a suitably separate and equipped area within sight and hearing of an adult.
- FCC Preschool will not admit a child into our care or allow a child to remain in our care when the child is exhibiting symptoms of acute illness.
- A child may not be readmitted to our care after an absence of **THREE (3)** days or more due to illness without a written statement from the child's health care practitioner that the child may return to a regular schedule.
- Children are to remain home should they have any of the following:
  - Fever of 100° or higher
  - Lethargy that prevents the child from functioning normally within the group
  - Diarrhea (more than one abnormally loose stool within a 24 hour period)
  - Vomiting
  - Severe coughing, causing the child to become red or blue in the face or to make a whooping sound.
  - Signs of severe cold or sore throat
  - Difficult or rapid breathing
  - Yellowish skin or eyes
  - Thick discolored mucus
  - Discharging from eyes or ears
  - Evidence of lice, scabies, or any other parasitic infestation
- Should any of the above mentioned occur during the school day, the child will be sent home. Parents are expected to make arrangements for the child to be picked up **within an hour** of being contacted. **No exception to this policy will be made.** If parents cannot be reached or will not be able to pick up their child within the hour then the authorized individuals listed on the emergency form will be contacted to pick up the child. Please ensure that the authorized individuals listed on your child's emergency form live within one hour's distance of the center.
- **Children should be fever-free and symptom-free for at least 24 hours without the aid of fever-reducing medication before returning to FCC Preschool.** Additionally, this means they must be 24 hours free from symptoms such as vomiting, diarrhea, discharge from the eyes, severe cough, and thick and/or discolored mucus. For example, if your child went home from our care at 10:00 a.m. on any given day with a fever, they would not be able to return to school the next day, as they can't possibly be 24 hours fever-free. If, for any reason, you have to pick up your child from FCC Preschool due to illness, upon pickup you will be asked to sign a form acknowledging that you understand and will adhere to our 24-hour fever-free, symptom-free health and wellness policy.
- If your child is diagnosed with any communicable or contagious illness the center needs to be contacted immediately in order for us to inform the other parents and sanitize the classrooms.
- If a child is diagnosed with or sent home with lice, a doctor's note stating the child is lice free is required before the child may return to the center.

Parents' adherence to this outlined policy is absolutely imperative, as we want to reduce the risk of spreading illnesses between children in a responsible and consistent manner if at all possible. While we understand it is never convenient for your child to be sick, it is also not convenient for any other child or center employee to contract an illness due to unnecessary contact with a contagious child. Your cooperation with these matters is greatly appreciated.

Thank you!

FCC Preschool Staff